Tailoring Training के हो?

 Tailoring Training भनेको कपडा काट्ने (cutting) र सिलाउने (stitching) skill सिकाउने practical course हो।

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1. Tailoring मा के-के सिकिन्छ?

✔ 1. Basic Sewing

- sewing machine चलाउने
- straight stitch, zigzag stitch

✔ 2. Cutting & Measurement

- body measurement लिनु
- कपडा काट्ने तरिका
- pattern बनाउने

✔ 3. Cloth Stitching

- shirt, pant, blouse सिलाउने
- school dress / uniform बनाउने

✔ 4. Design & Fashion

- simple fashion design
- dress fitting मिलाउने
- alteration (size adjust गर्ने)

✔ 5. Machine Handling

- electric sewing machine use
- maintenance basic

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2. Tailoring सिकेर के हुन्छ?

✔ 1. Job पाइन्छ

- garment factory
- tailoring shop
- boutique assistant

✔ 2. आफ्नै business

- tailoring shop खोल्न सकिन्छ
- dress बनाउने order लिन सकिन्छ
- home-based income सुरु हुन्छ

✔ 3. High demand skill

- हरेक घरमा कपडा सिलाउने काम चाहिन्छ
- school dress / uniform सधैं demand मा हुन्छ

✔ 4. Women & youth लागि राम्रो

- घरमै बसेर काम गर्न सकिने skill
- flexible income source

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3. कति समय लाग्छ?

 Basic: 1–3 months
 Professional: 3–6 months

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4. कसले सिक्नुपर्छ?

- SEE pass student
- गृहिणी (housewife)
- job खोज्ने youth
- business सुरु गर्न चाहने

Conclusion

 Tailoring =
✔ Creative skill
✔ Job + business opportunity
✔ Home-based income source